A Life Well Lived

A Life Well Lived is like the perfect Summer day,
The one that poets struggle to describe
And like the Sun warms the ground for the grain
Their shines on from this Life.

A Life Well Lived echoes on in our hearts
In memories, caressing like a breeze
A Life Well Lived knows the power of gentleness,
Walks boldly, stands for justice & peace,

   It might seem very ordinary, like a neighbor down the street
   Yet, extraordinary, one you’d want your son or daughter to see

A Life Well Lived is penned in kindness and truth
Tells a story, knows the power of Love
Attended most to the precious little things
Cared always for Greater Good

A Life Well Lived laughed often, loved much,
And used the pain of sorrow to grow.
A Life Well Lived lives on to inspire
The best and the highest in us all,

   It was a life that spoke in Wisdom, most often without words...
   A spiritual being on a very human walk around this Earth

And at the end someone stands to say:
We Thank Thee, Great Spirit and Mystery,
Loving Creator, Perfect God of Peace
We thank Thee  For this Life Well Lived